

Advertisement for the Position of Mental Health Counsellor

We are seeking a compassionate and qualified Mental Health Counsellor to support our students' emotional well-being and academic success.

Job Description for Mental Health Counsellor

- Provide one-on-one counselling to students dealing with stress, anxiety, depression, academic pressure, relationship issues, and other mental health concerns.
- Conduct initial assessments and formulate plans based on student needs.
- Manage crisis situations, including suicide risk assessments and safety planning, in collaboration with other university staff and emergency services, as needed.
- Deliver psychoeducational workshops and mental wellness programs on topics such as coping skills, mindfulness, exam stress, and resilience.
- Participate in engagement activities to raise mental health awareness across the student body.
- Refer students to external mental health resources or specialized services when needed.
- Collaborate with faculty to ensure holistic care and student success.
- Maintain up-to-date, confidential records and documentation in line with professional, ethical and legal standards.

Education & Certification:

- Master's degree / Ph.D in Counselling Psychology / Clinical Psychology or related discipline.
- Licensed with a recognized mental health regulatory body.

Apply Now: Interested candidates may send their CVs to hrd@gehu.ac.in